



**This bereavement group is for those who are grieving and seeking to ease the pain. It's one tool in seeking resolution. Group is one of the best methods in helping the bereaved. The group is open to anyone who has lost someone through death.**

The group meets weekly on **Wednesdays at 9:00 am** and is located at Unity of the Keys Spiritual Center, 1011 Virginia St., Key West, FL

**Life Transitions** is sponsored by Unity of the Keys Spiritual Center at no charge to anyone in the community. Call 305-296-5888 for more information.

**Pam Soucy**, LMHC facilitates this group. Pam is a Certified Grief Counselor and Certified Thanologist.